

FROM and Coronavirus (COVID-19)

How We Are Helping our Neighbors in Need

- Families with children may come to the pantry twice in the month of March, we just ask that you space it 14 days apart to manage our inventory.
- Families at 200% (or below) federal poverty level and live in Lowell Area School District or are in an emergency or crisis need at this moment are eligible to access our food pantry.

If visiting the food pantry or Treasures Thrift Shop, please wait in your car until doors are open to avoid close contact with others.

How You Can Help



1. **Make a Monetary Donation.** We will use financial donations to purchase perishable food items as needed and provide crisis funding for families affected by business closures and reduced income. Donate online at www.fromlowell.org/donate



2. **Volunteer.** We need healthy volunteers. Volunteer orientation Thursday at 1, minimum 15 yrs old, groups of 5 or more wishing to volunteer together may contact us directly to schedule an independent orientation. Please call us at 616-897-8260.



3. **Donate Food.** We need food items that are healthy, non-perishable, and easily prepared by children (suggested items below)

- Cereal (Honey Nut Cheerios)
- Crackers (whole grain, plain Triscuits, Wheat thins)
- Peanut butter
- Instant oatmeal packets
- Trail mix bars
- Canned fruit with light syrup or 100% juice